



ABN 59 602 470 573 - Creating Balance Energy and Choices-

Over 30 years' experience in the Health & Fitness Industry–
Boutique Personal Training Studio-106 Leicester St, Fitzroy 3065
(just off Brunswick St) four houses down from Fitzroy nursery.
www.vibesfitness.com.au Ph: 0412526383.

Thankyou for giving us the opportunity of working with you. We
look forward to Working with you in the future.

Terms of engagement

Please print your name: _____ Date: _____

Named in the schedule whose signature appears below in consideration of Margie Cerato & “ Vibes Fitness, Personal Training, Pole Pilates, Aerial Yoga, silks, Bungee Fly Fit, Bungees, circus classes & all subcontractors” providing me with personal training, all classes that are conducted at Vibes Fitness and associated advice for myself, my heirs my administrators and executors herby convent and agree as follows.

1. I warrant that I am medically able and that I do not have any current known illnesses, diseases, injuries and that I am in good health. I understand the risks in doing some activities and there is no medical reason why I cannot do all activities with Vibes Fitness or Pole Pilates' and acknowledge that I undertake all training and carry out all tasks at my own risk. I recognise that any training activity is potentially hazardous if not performed correctly with correct technique as instructed by teacher. I agree to let Vibes Fitness know prior to training if I have vertigo, travel sickness, migraines, headaches, glaucoma, had any surgery, am on any medication or am pregnant. Some of these are contraindications.
2. I herby waiver any claim, right or clause of action than I might otherwise have for or arising from any illness, sickness, injury, death or danger of whatsoever nature which I may suffer or sustain in the course of and participation in any training or subsequent to any training and services at Vibes Fitness.
3. The waiver in clause 4 shall be and operate in favour of all persons, corporations and bodies involved or otherwise engaged in providing my and all my subcontractors', training and associated advice and the servants, agents, representatives and officers of any of them.
4. This document and waiver extends to all claims of any kind of nature whatsoever, foreseenor unforeseen, known or unknown.
5. I give my permission for vibes fitness, to use my photos, videos on the website and social media.

Disclaimer please sign that all the above is read and understand. Initial all 1-5

Full Name _____ Contact number _____

Address _____ Email address _____

Signature: _____ Thankyou ☺

Please list any injuries list, medications, tightness, aches, pains and challenges in your body?
